

# Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*

# Fresh Catering



CATERING WITH THE RIGHT INGREDIENTS



Soil Association

Spring / Summer 2021

At: **Daven Primary School**

**April 2021**

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

**May 2021**

M	Tu	W	T	Fri	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

**June 2021**

M	Tu	W	T	Fri	Sa	Su
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

**July 2021**

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

**September 2021**

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

**October 2021**

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





# Spring/ Summer Menu 2021

## Week 1

## Week 2

**MONDAY**

Pasta Italiane (v)

Breaded Fish & Saute Potatoes

Organic Yogurt

**TUESDAY**

Jacket Potato with a Choice of Filling/s (v)

Chicken & Vegetable Pie with Salad Potatoes

Rhubarb & Apple Flapjack Crumble with Ice Cream

**WEDNESDAY**

Roast Chicken, Stuffing, Potatoes & Gravy

Quorn Fillet, Stuffing & Gravy, Roast Potatoes (v)

Sultana Cookie with Fruit Chunk or Organic Yogurt

**THURSDAY**

Butchers Sausage, Hash Brown & Baked Beans

Pizza with Chips (v)

Chocolate Crunch with Fruit Chunk

**FRIDAY**

Jacket Potato with a Choice of Fillings (v)

Mild Veggie Chilli in a Tortilla Boat (v)

Frozen Yogurt

**MONDAY**

Breaded Fish & Saute Potatoes

Mild Quorn Korma with Rice (v)

Organic Yogurt

**TUESDAY**

Chicken Pasta Bake in Tomato Sauce

Cheese Ploughman's (v)

Chocolate & Banana Cup

**WEDNESDAY**

Roast Chicken, Creamed/ Roast Pots, Stuffing & Gravy

Vegetarian Cottage Pie (v)

Carrot & Pineapple Traybake

**THURSDAY**

Vegetarian Sausage Roll with Chips (v)

Cajun or Plain Chicken Fillet with Chips

Frozen Yogurt Ice Cream

**FRIDAY**

Jacket Potato with a Choice of Filling/s (v)

Organic Meatball Pasta Bake

Fresh Fruit or Organic Yogurt

